## African American Health Program presents

# Diabetes DINING CLUB (FOR PREVENTION AND CONTROL)

JOIN US...

- Fabulous Food
- **Dynamic Diabetes Education**
- Fun Fitness Sessions
- The Chef's Secrets



Bring a Friend or Meet New Friends! 6:30 to 9:00 pm Dinner Served. \$5 per meal for Montgomery County residents.

Additional fees for those not residing in Montgomery County.

RSVP: 1 week before club night Call Diane: 301.421.5767

### 2011 SCHEDULE

## GOSHEN UNITED METHODIST CHURCH

19615 Goshen Road Gaithersburg, 20876

June 6

July 18

Aug 1

Sept 19

#### MT CALVARY BAPTIST CHURCH

608 N. Horner's Lane Rockville, 20850

June 13

July 11

Aug 8

Sept 12

## MOUNT JEZREEL BAPTIST CHURCH

420 University Blvd, East Silver Spring, 20901

June 23

July 28

Aug 25\*

Sept 22

\*at East County Govt Center

#### FOR PREVENTION AND CONTROL

The African American Health Program is funded by the Montgomery County Department of Health and Human Services and administered by BETAH Associates, Inc.







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